



**VIRCS Welcomes You To...**



## **Our February Community Resilience Program Newsletter**

Featuring upcoming February events, program schedules,  
important dates, and photo highlights.





# A RECAP FROM JANUARY



## Newcomer Women's Project

- In January, Newcomer Women's Project hosted a variety of workshops such as Art & Wellness, Navigating the Health Care System, DV Tools with SNIWWOC, and Mental Wellness with Shennan.
- We will continue to run our Social Services Clinic twice a month, email [charis@vircs.bc.ca](mailto:charis@vircs.bc.ca) if interested!

## Enable Program for Children & Youth

- Homework Club will continue every Tuesday as scheduled until the winter break.
- Youth Night will feature fun seasonal activities, including a movie night, music bingo, and a drawing session.



## BC Civic Connect

- In January, BC Civic Connect hosted our first Youth Advocacy Forum, two workshops on volunteering and public speaking, and two mentorship sessions focused on conflict resolution and mentorship!
- In February, we're excited to host five more events, including our second Youth Advocacy Forum featuring the Mayor of Victoria, the BC Human Rights Commissioner, and members of the City of Victoria Youth Council.



## Newcomer Seniors Empowerment Program

- Newcomer Seniors Empowerment Program started a new cohort of seniors who are learning about online safety and digital literacy skills.
- Sessions have been in-person at VIRCS and joined by many youth volunteers to support the seniors in the program!



# NEWCOMER WOMEN'S PROJECT

SAVE THE DATE

## FEBRUARY EVENTS

FEB

2

ART &  
WELLNESS  
WORKSHOP  
3:30PM - 5PM

FEB

9

ART &  
WELLNESS  
WORKSHOP  
3:30PM - 5PM

FEB

19

KNOWING YOUR  
RIGHTS  
WORKSHOP  
12PM - 1PM

FEB

20

CLOTHING  
GIVEAWAY  
10AM - 3PM

FEB

23

SNIWWOC  
MENTAL HEALTH  
WORKSHOP  
3:30PM - 5 PM

FEB

25

MENTAL HEALTH  
AND HEALING  
WORKSHOP  
3:30PM - 5 PM

# NEWCOMER WOMEN'S PROJECT



## SOME HIGHLIGHTS FROM OUR ART & WELLNESS WORKSHOPS!



# BC CIVIC CONNECT

SAVE THE DATE

## FEBRUARY 2026

### BC CIVIC CONNECT



Financié par le  
gouvernement  
du Canada

Funded by the  
Government  
of Canada

Canada

SUN	MON	TUE	WED	THU	FRI	SAT
01	02	03	04 <i>Lead Like a Human</i>	05 <i>Who Gets to Be Heard?</i>	06	07
08	09	10	11 <i>Change Doesn't Start at the Top</i>	12 <i>Human Rights Aren't Optional</i>	13	14
15	16	17	18 <b>Youth Advocacy Forum</b>	19	20	21
22	23	24	25	26	27	28

#### Event Types

-  Workshop
-  Webinar
-  Youth Advocacy Forum
-  Mentorship Session

Event Sign-Up



Program Updates



# BC CIVIC CONNECT

## SOME RECENT HIGHLIGHTS!

**Youth Advocacy Forum**



**Civic Engagement: How, Why, & Who**



**Mentorship Session with Anne Pappas**



**How to Say It So They Listen with  
Lawyer Raphael Tachie**



# ENABLE PROGRAM FOR YOUTH

SAVE THE DATE

## SOCCER & SPORTS NIGHT

FEB

12

6-8 PM

- Newcomer youth ages 13-17
- No previous soccer experience is required!

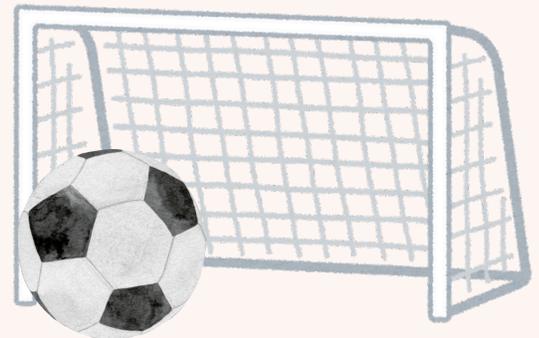
Register:

<https://forms.office.com/r/7saEAgCfKi>



Braefoot Park Centre (1359  
McKenzie Ave)

Transportation not provided



## YOUTH HEALING CIRCLE

Mondays

4-6 PM

For registration or questions, please  
contact [kimia@vircs.bc.ca](mailto:kimia@vircs.bc.ca)



VIRCS Office

# ENABLE PROGRAM FOR YOUTH

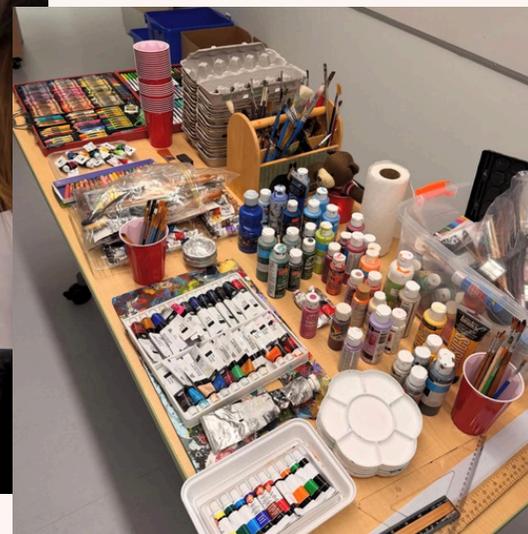
## HOMEWORK CLUB

Tuesdays 3:30 - 5PM  
@ VIRCS office



## YOUTH NIGHT

Thursdays 6 - 8PM  
@ Victoria High School, NLC Room

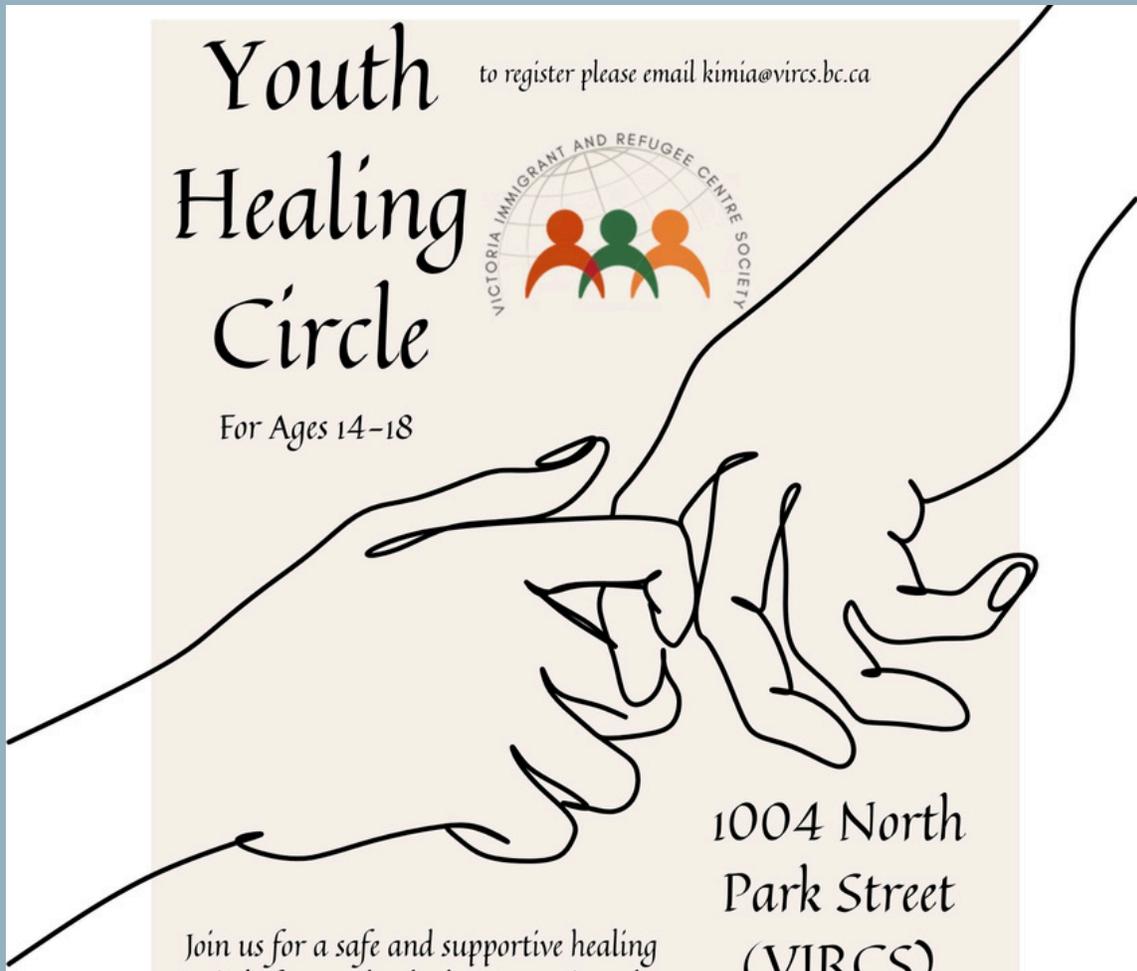


# ENABLE PROGRAM FOR YOUTH

## Youth Healing Circle

For Ages 14-18

to register please email [kimia@vircs.bc.ca](mailto:kimia@vircs.bc.ca)



Join us for a safe and supportive healing circle for youth who have experienced discrimination in any form. This gathering offers a space to share stories, release pain, and reconnect with strength and community. Through guided reflection and conversation, we'll honour each other's experiences while nurturing resilience and hope for the future.

1004 North  
Park Street  
(VIRCS)

4:00PM-6:00PM  
Every Monday  
Starting November 24th



# NEWCOMER SENIORS EMPOWERMENT PROGRAM

## DIGITAL LITERACY FOR BIPOC SENIORS



# NEWCOMER SENIORS EMPOWERMENT PROGRAM

SAVE THE DATE



## DIGITAL LITERACY FOR IBPOC SENIORS STAYING SAFE ONLINE



A collaborative intergenerational approach with youth volunteers and seniors

Session 1: Feb 2, 2026 from 4:00pm - 6:00 pm

Session 2: Feb 12, 2026 from 3:30 pm- 5:30 pm

Iman@vircs.bc.ca

Snacks and refreshments will be provided!

**VIRCS: 1004 NORTH PARK ST**

**To register, contact:**

iman@vircs.bc.ca

250 361 9433 Ext 202

Funded in part by the  
Government of Canada's  
New Horizons for Seniors Program

Canada

REACH Isolated Seniors



# THANK YOU TO OUR FUNDERS AND COMMUNITY PARTNERS

WE COULDN'T DO IT WITHOUT YOU!



Supported by the Province of British Columbia



IslandSavings  
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vancouveer  
foundation



Working with communities in BC's  
Interior, Lower Mainland, Central  
& Northern Vancouver Island

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gouvernement  
du Canada

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Thank you for tuning in to the

**VIRCS February Community** 

**Resilience Program Newsletter**



**We hope to see you soon!**

