

### Strong Start Programs

StrongStart BC is a FREE drop-in early learning program for all preschool aged children.

Children must be accompanied by a parent or caregiver while attending the program.

These wonderful programs are conducted by qualified Early Childhood Educators who lead a variety of learning activities designed to help children get ready for success in kindergarten.

George Jay Elementary  
118 Princess Ave | 250-385-3381

McKenzie Elementary  
4005 Raymond St | 250-479-1691

James Bay Community  
140 Oswego St | 250-384-7184

View Royal Elementary  
218 Helmcken Rd | 250-479-1671

Craigflower Elementary  
2766 Admirals Rd | 250-384-8157

Sidney Elementary School  
2281 Henry Ave | 250-656-3958

*Please contact for dates & times.*

### Kindergym drop-in locations

A safe environment for children to develop physical skills in a fun and playful way, at their own rate.

Parent / guardian participation required.

Gordon Head Rec | 4100 Lambrick Way | 250-475-7100

Pearks | 3100 Tillicum Road | 250-475-5400

Saanich Commonwealth | 4636 Elk Lake Dr. | 250-475-7600

Henderson Rec | 1442 Monterey Ave | 250-370-7300

YMCA – Downtown | 250-386-7511 | Langford | 250-386-7511

Quadra Village Community | 950 Kings Road | 250-388-7696

Saanich Neighborhood House | 3100 Tillicum Road | 250-360-1148

Oaklands Community Association | 821 Belmont Ave | 250-370-9101

Vic West Community | 521 Craigflower Road | 250-590-8922

James Bay Community Project | 547 Michigan Street | 250-388-7844

Peninsula Early Years Centre | 1649 Mt. Newton Cross Road  
| 250-415-9794

*Please contact for dates & times.*

### Discover children & family programs at the Greater Victoria Public Libraries:

Family Storytime  
Stay and play  
Family Literacy

*For more information contact 250-940-4875*

Central Branch | 735 Broughton Street

Oak Bay Branch | 1442 Monterey Ave

Equimalt Branch | 1231 Esquimalt Road

Jaun de Fuca Branch | 1759 Island Hwy

Nellie McClung Branch | 3950 Cedar Hill Road

Langford Heritage Branch | 102-1314 Lakepoint Way

Central Saanich Branch | 1209 Clarke Road

Saanich Centennial Branch | 3110 Tillicum Road

### Child Care Resource & Referral

Request a list of child care providers in your area.

250-382-7000

<https://www.childcarevictoria.org>

### Healthy Kids Program

The BC Healthy Kids program helps low income families with costs of basic dental care, prescription eye wear and hearing assistance for their children. If you have been approved for MSP premium assistance you will be signed up with the program.

### Canada Child Benefit (CCB)

The Canada Child Benefit (CCB) is a non-taxable amount paid monthly to help eligible families with the cost of raising children under 18 years of age.

### BC Early Childhood Tax Benefit (BCECTB)

The BC early childhood tax benefit (BCECTB) is a tax-free monthly payment to qualifying families to help with the cost of raising children under the age of six. The amount is combined with the CCB into a single monthly payment.

### Affordable Child Care Benefit

Affordable Child Care Benefit helps families with the cost of child care, depending on factors like family size, type of care and household income.

Please check the eligibility for the benefits before you apply.