

Multicultural Environmental Education Program

VICTORIA IMMIGRANT AND REFUGEE CENTRE SOCIETY

environment@vircs.bc.ca • (250) 361-9433 • www.vircs.bc.ca

Name:

Let us know what actions you want to take to support a healthy environment for future generations. Tell us how we can help you achieve your goals. Please complete both portions of this card. Keep this portion and return the other portion to us. Good luck!

If you have any questions, please contact us at **environment@vircs.bc.ca** or **(250) 361-9433**.

Action:

Support I need:

Action:

Support I need:

Action:

Support I need:

Please keep this portion of the card.

Name:

Phone Number:

Email Address:

Country of Origin:

Action:

Support I need:

Action:

Support I need:

Action:

Support I need:

Please return this portion of the card to us.

Walk or bike to work. Donate old clothes. Telecommute. Air-dry clothes. Eat a vegetarian meal this week. Use a power bar. Use recycled paper. Pack a litterless lunch. **Reduce your printing.** Turn down heat in unused rooms. Do laundry in cold water. Fix leaky faucets. **Plant a tree.** Use rain barrels. Join a car co-op. Take the bus. Use a power bar. Turn the lights off. Turn the monitor off. Use motion detectors on outdoor lights. **Write a politician.** Install storm windows. Start an organic composting program. Start a community garden. Send an e-card instead of a paper card. Purchase locally grown organic produce. Bring a mug. Bring reusable bags to the grocery store. Send your old car to heaven. Don't idle. Turn the tap off when brushing your teeth. **Take quick showers.** Walk or bike to work. Donate old clothes. Telecommute. Air-dry clothes. Eat a vegetarian meal this week. Use a power bar. Use recycled paper. Pack a litterless lunch. Reduce your printing. Turn down heat in unused rooms. **Do laundry in cold water.** Fix leaky faucets. Plant a tree. Use rain barrels. Join a car co-op. Take the bus. Use a power bar. Turn the lights off. **Turn the monitor off.** Use motion detectors on outdoor lights. Write a politician. Install storm windows. Start an organic composting program. Start a community garden. Send an e-card instead of a paper card. Purchase locally grown organic produce. Bring a mug. Bring reusable bags to the grocery store. Send your old car to heaven. Don't idle. Turn the tap off when brushing your

**Caring for people.
Caring for the planet.**

detectors on outdoor lights. Write a politician. Install storm windows. Start an organic composting



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**I pledge to
support a healthy
environment
for future
generations.**

